



Sport Camps

2023 Parent Handbook





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Welcome to WinSport

Our Campus

Since hosting the Olympics in 1988, WinSport has become an Olympic Legacy Site. Your child will get to play and adventure on the same ground that Olympians train on.

Sitting on a 263-acre campus, WinSport offers your child a vast area to play, explore, and learn in. Our Sport programs make use of a substantial portion of that space.

View our campus map on page 5.

Our Philosophy

Welcome to WinSport Sport camps, where we believe summer is a great time to have fun and learn new skills in a safe and welcoming environment. Here at WinSport, campers will have the opportunity to explore a variety of activities, make new friends, and create lasting memories. Our staff are trained in providing quality care and instruction for campers of all ages and abilities with a focus on developing new skills and physical literacy. We are committed to supporting your child as they fall in love with sport by creating a positive and inclusive atmosphere where everyone feels welcomed and valued. We can't wait to welcome you this summer!





Preparing for Camp

Everyday essentials

Our Sport Camps are committed to spending as much time outdoors as possible; we will only use indoor spaces if the weather presents a hazard to our Team Members and campers' safety. Please bring clothes that can get dirty. If your child is not dressed appropriately for the weather, they may not be able to participate in their program that day. Please be sure to bring:

- A backpack that can be worn all day
- Sunscreen (please apply before arrival, and provide a bottle for reapplying throughout the day)
- Hat
- Sunglasses
- Bug repellent
- Rain jacket
- Clothes that do not restrict movement and can get dirty
- Socks
- Include either rain jacket or waterproof jacket
- Change of clothes
- Closed-toed athletic shoes.
- Minimum two 1-litre water bottles
- Any required medication
- Pocket snacks, lunch (no microwave or refrigerator will be available)
- **For the Basketball Camp**, please bring both indoor and outdoor shoes.

**Please label your child's belongings*

Preparing for the weather



Rain

We will continue to be outside even during rain as long as it is safe to do so. Ensure your child is wearing something to camp that can get wet and muddy. We often see three seasons in a day in Calgary, so a rain jacket is required.



Sunshine

Calgary summers can be sunny and quite hot. Please ensure your child arrives at camp with sunscreen pre-applied. In addition, we ask that all campers bring a bottle of sunscreen labeled with their name so it can be re-applied throughout the day.

Instructors will be able to help with sunscreen application if needed.

**We recommend wearing layers to adjust to warmer or cooler weather as the day progresses*



Click for high-resolution version

Check-In

Who?

All campers must be accompanied by a parent or adult guardian on the first day of camp. Expect to see other families checking in their campers and many WinSport team members to ensure checking in is efficient and stress-free.

What?

As you arrive at our first check-in table, a WinSport team member will be waiting to check your registration and the completion of your waivers* before directing you to your specific program's meeting area. Once you have met with your child's instructor, you will be asked to create a password.

****Please ensure your waivers have been completed 24 hours prior to your camp's check-in to save time during the first day's check-in process.***

Where?

Check-in will take place in the Performance Training Centre Field. Please refer to the map on page 5 for parking and check-in information.

Camp Schedule

8:00AM: Before Care begins
8:30AM: Check-in begins
9:00AM: Programs start
4:00PM: Programs end and check-out begins
4:30PM: Aftercare begins

Before Camp

Before-care

WinSport offers complimentary before and after care. Your child can expect many fun game and activities before their program begins. Before-care is available between 8:00AM and 9:00AM.

Is there anything different on the first day of check-in?

Plan to arrive 15 minutes earlier on your first day of check-in. On the first day of camp check-in, the instructors will ask for the following information from the parent or guardian:

Create a password: A password is a 4-digit number or short word is required to check-out your child from camps. At the end of every day, you or whoever will be picking up your child must provide the same password to check them out.

Allergies, medical needs or conditions, and support: An instructor will also ask you for information on any allergies and medications that may come up during camp. Please see the Safety and Wellness page for more information.

Self Sign-out

If your child is at least 12 years old, you can ask our instructors about the self sign-out option and QR code.



Scan or click to view



Our Team

Camp Supervisor

Our Camp Supervisors wear black. Their role is to oversee camp operations.

Team Lead

Our team leaders wear grey. They are responsible for assuring our camps are safe, fun, and engaging. They will be present at every check-in and check-out ready to answer any questions you may have.

Coach

Our coaches wear dark blue. They are experienced, and passionate in their individual fields. Each coach will remain at the site of their sport as groups travel from site to site.

Instructor

Our instructors wear dark blue. Each instructor will have their own group of campers. They are friendly, supportive, and attentive to the needs and interests of each camper. They strive to spread their passion for sport to all their campers and ensure that each day is exciting, fun, and engaging.

Junior Instructor

Our junior instructors wear light blue. They are volunteers at our camps who are learning to become future instructors. Their role is to be supportive to the instructors.



A Day of Camp

Our Sport camps will begin with warm welcomes from the WinSport camps team and other campers. From here, each camp day is divided into four ninety-minute sections in which campers will have the opportunity to participate in various sports, activities and games meant to both excite and develop physical literacy.

Activities

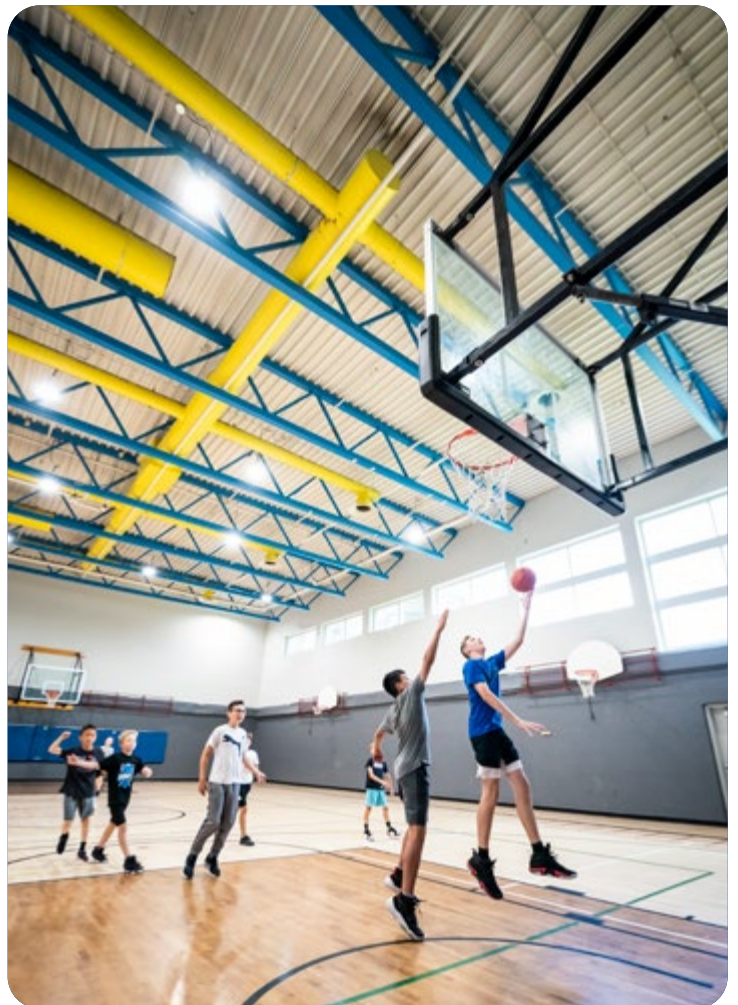
Your child can expect to participate in some or all of the following activities:

Soccer Volleyball

Pickleball Gaga Ball

Archery Handball

The campers and instructors will take an hour break for lunch at 12:00PM. Lunch will be eaten outside in nature whenever the weather permits. After a packed full day of exciting activities, the groups will return for 4:00PM checkout.





End of the Day

Check-Out

All camp groups will return to the Performance Training Centre field for checkout at 4:00PM. Your child must stay with their instructor until a parent or guardian signs them out by using the password from the morning of the first day. Please ensure that whoever checks out your child up knows the password. Right after check-out is a great time to ask any questions you have for your child's instructor.

Self Sign-Out

If your child is aged 12 and up and you have signed the required self sign-out form, you will not need to be present to provide a password for check-out. Instead, our instructors will give the all clear to your child so they can leave camp after 4:00PM.

After-Care

As with before-care, WinSport offers complimentary after-care. Your child can expect more fun games and activities during the hour after camp. After-care is available from 4:00PM to 5:00PM. Please ensure your child is picked up by 5:00PM.

Campers' Code

WinSport's Sport campers are expected to practice these behaviours and abide by our rules and expectations:





Frequently Asked Questions

Will my child be outside?

Yes! Our sport camps feature both indoor and outdoor activities. Please prepare your child to be outside for a large portion of the day. If the weather is inclement, groups will move indoors and participate in indoor sports.

Which sports will my child play?

While Basketball, Archery, and Learn to Bike programs will be mainly focused on those sports, TriSport and Summer Sampler camps will participate in a variety of sports, including soccer, volleyball, pickleball, gaga ball, archery, and handball.

What do I do if we arrive late?

If you know ahead of time that your child will be absent or late for a day of camp, please let your child's instructor know. For last minute absences or late arrivals, please email:

camps@winsport.ca >

Safety & Wellbeing

Additional Information About Your Child

At check-in on day one, please provide us with any of the following information you feel will be valuable to our instructors to ensure your child's safety, wellbeing, and enjoyment of the camp. WinSport is adamant that every child should have the opportunity to participate in our camps.

Medication and Medical Conditions - It is important that you inform your child's instructor of any medications or conditions your child has before the summer camp starts. This information will help us to provide a safe and healthy environment for your child and to respond quickly in case of an emergency. Please ensure you inform us of any medications your child takes regularly or occasionally. If your child needs to take any medication during the camp hours, please provide us with the medication in its original container and clear instructions on how to administer it.

Allergies - Please inform us of any allergies your child has (such as food, insect, drug, or environmental allergies), and any symptoms or reactions your child may experience. If your child has a severe allergy that requires an epinephrine auto-injector, please make sure your child always carries one.

Support - If your camper requires extra support or adjustments to our activities, to participate in our camp environments, please inform us of the need for accommodation. It is very helpful for our team to know how we can support your child! We will do our best to ensure their instructor receives the information and understands how to use it, but please inform your instructor of your camper's needs on day one of check-in. We will seek to have extra staff available but cannot guarantee this.

Bathrooms at Camp

For campers under the age of 12, there is always a minimum of two campers per one instructor present on trips to the bathroom. This is to ensure the safety and privacy of campers. If a camper soils themselves, instructors can give verbal guidance from outside the bathroom stall and will not physically assist.

Campers over the age of 12 can make trips to the bathroom without an instructor, so long as there is a minimum of two campers going to the bathroom and they have permission from the instructor. Instructors consider location, distance to the bathroom, and familiarity with the camper when making this decision.

Lost and Found

A lost and found will be located at the check-in area of each camp. Please see your child's instructor for assistance in finding misplaced items.

Media Release Policy

Every parent has the option to sign the Minor Media Release Form for their child. This would permit your child to be photographed by our media team for use in our internal and external newsletters, our social media, and on our website. They would be photographed engaging in activities related to our camp. Campers who have signed a media release policy will be provided a wristband, so that it is clear to the instructors, team leaders, and photographer who is permitted to be photographed.

[Media Release Form >](#)



Inclement Weather



Smoke

Smoke from forest fires is not uncommon during the summer. We closely monitor the local air quality index. If air quality decreases, we will increase the amount of breaks, lower the intensity of riding and instructors will frequently check in with their campers. If the air quality index is at very high risk we will move inside for most of the day. Our policy and decisions regarding smoke are based upon the Government of Canada's Air Quality Index.



Heat Warnings

We follow all Environment Canada recommendations surrounding heat warnings. As the weather gets hotter, we increase water breaks, time spent indoors, and move programming to areas with plenty of shade.



Thunderstorms

Any weather that poses an immediate hazard to the outdoor nature of our camps or programs will result in the program being moved inside. If the weather is not posing an immediate hazard, WinSport will prepare for the possibility of worsening weather by closing the chairlifts and moving all camps and programs to within a short distance of our indoor facilities in case we need to move inside. As soon as the weather proves to be a hazard, all camps will be moved indoors until it is safe to be outside again.



WinSport Contact Information

Registration - Guest Services

Call: **403-247-5452**

Email: info@winsport.ca

Day-to-day questions and concerns

Due to the volume and pace of our operations, we cannot guarantee that our phone will be answered every time. If we do not answer, please send us an email instead!

Try our Sport Leadership office phone at: **403-247-5612**

For any other questions or concerns, please email: camps@winsport.ca

Absence & late arrivals

If you know ahead of time that your child will be absent or late for a day of camp, please let your child's instructor know.

For last minute absences or late arrivals, please email: camps@winsport.ca