

New Powered by WinSport menu for High Performance Athletes and Coaches Subsidized by the Canadian Sport Institute Calgary

CALGARY – Beginning this week, Canadian Sport Institute Calgary (CSI Calgary) affiliated athletes and coaches can purchase subsidized meals through WinSport's Garden Café.

The new Powered by WinSport menu caters to the needs of high-performance athletes and includes food items inspired by CSI Calgary's Fuel for Gold meal program. The menu is also available to the public.

"We are excited to have re-opened the Garden Café again after the pandemic challenge and look forward to add the Powered by WinSport line of items to our menu that CSI affiliated athletes, and our public guests can enjoy and fuel themselves for their day," said Alan Fraser, WinSport's Director of Food and Beverage. "Having healthy food options is critical to the success of our athletes and we are honoured to partner with CSI Calgary to launch this program."

The Canadian Sport Institute Calgary is pleased to announce that we will provide Sport Canada carded and/or athletes and coaches with a CSI Calgary training group agreement with a 50% price reduction on a wide variety of items including lunch specials, salads, fruit cups, vegetable and hummus, overnight oats, power bars, muffins, sandwiches, and paninis.

Other items will receive 20% discount, with exceptions on pre-packaged items and beverages that do not qualify for discount.

"Properly fueling before and after training can have a significant impact on overall performance," said Gary Davies, CSI Calgary President/CEO. "Having convenient access to nutritious and affordable food options through the Garden Café will ensure athletes can get what they need daily."

The Garden Café at the Markin MacPhail Centre officially re-opened on Monday, April 4th and will be open Monday to Friday from 8 a.m. – 3 p.m. and evenings and weekends based on events happening at Winsport.

Athletes can email agoncin@csicalgary.ca for any questions related to the WinSport menu subsidy.

About Winsport

WinSport inspires human potential through the spirit of sport. The Calgary Olympic Development Association, operating as WinSport, is a community-based, not-for-profit organization that owns and operates Canada Olympic Park and the Bill Warren Training Centre in Canmore. WinSport also administers legacy funds that support the Olympic Oval. WinSport's mission has three pillars: to help people discover the joy and health benefits of sport; to encourage talented athletes to develop their skills; and to enable Canada's high-performance athletes to excel on the world stage. Financial commitments from Canadian governments and business have allowed WinSport to expand its sport and community offering over time; significant investment will be required in the coming years to renew the legacy facilities that have welcomed the world to the Calgary region for more than a generation.

About the Canadian Sport Institute Calgary

The Canadian Sport Institute Calgary provides world-class training environments in Alberta. With the support of our partners, we deliver leading sport science and medicine, coach education and life services to help Canada's high-performance athletes achieve Olympic and Paralympic podium performances. For more information, please visit www.csicalgary.ca

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