## Winsport BNTC Gymnasium User Guide

Please find a step by step guide below to which will help you and/or your child(ren) prepare for your WinSport BNTC Gymnasium visit.

## **Step by Step Guide for BNTC**

Gymnasium Users and Parents	
Before you arrive at WinSport	<ul> <li>WinSport will have limited washrooms available, we encourage users to go at home.</li> <li>Please come 'Activity Ready'. This means being as dressed and ready as possible to participate in your activity when you arrive at the BNTC Gymnasium, to reduce time and touch points in the facility.</li> <li>Complete a daily health screening checklist as administered by your Team/Club/Association ("user group") to ensure the user can participate today.</li> <li>Participants must stay home if they are ill, even if it resembles a mild cold.</li> <li>Participants must bring their own water bottle filled up from home and labelled with their name on it.</li> <li>Participants are encouraged to bring their own personal bottle of hand sanitizer.</li> <li>Review and understand the rules or explain the rules to your child so they know what to expect and can follow them.</li> </ul>
Arriving at WinSport	<ul> <li>Users must arrive no earlier than 10 minutes before their scheduled booking.</li> <li>Entrance to the BNTC Gymnasium is limited to the Main Entrance at the circular driveway of the facility.</li> <li>The Main Entrance door will be locked until 10 minutes before the start of the gymnasium booking.</li> <li>All user groups must check-in with their Team Representative before they will be permitted to enter the facility. This check-in could include the Alberta Health Daily Checklist and may include a temperature check.</li> <li>Upon entering the facility, please use the hand sanitizer located at the entrance.</li> <li>Upon check-in to the facility, a WinSport Team Member will ensure the permitted number of users are present. Any extra users will not be permitted into the building.</li> </ul>
When in the facility	Users will have 10 minutes to prepare for their gymnasium booking.  • Follow the signs, instructions and arrows when in the facility.

## Physical distancing must be practiced in the BNTC entrance, on the stairwell, and in the hallway to the gymnasium and where possible in the gymnasium.

- There will be no dressing room/change rooms available in the BNTC.
- The hallway leading to the gym will be available to change and store footwear and coats. No bags, please.
- Gymnasium users must wear masks inside the BNTC facility unless they are in the gymnasium.
- Spectators are not currently allowed in WinSport's BNTC building.
- Parents must drop their child(ren) off at the Main Entrance and will not be allowed into the building.

## **Leaving the facility**

After your gymnasium booking is complete, you will have 5 minutes to vacate the BNTC building.

- Grab your gear from the hallway and prepare to leave the building.
- As you leave, please use the hand sanitizer located at the exit.
- The only exit will be through the south emergency doors of the gymnasium. Walk as close as possible to the south wall and to the exit door, then take the outside stairs up to the parking lot.
- Walk around the back of the gymnasium to the outdoor stairs that lead back up to the circular driveway and parking lot.
- Do not return down the hall to the stairs and Main Entrance.
- No loitering in the parking lot, please return to your car and we will see you next time.

