



TRAIL PROGRESSION

Technical trails embrace the rugged shape and terrain of the mountain and contain technical obstacles and shifts such as rocks, roots, logs and drops. Technical trails can contain Freeride features.

TRAILS LISTED BELOW ARE RANKED IN ORDER OF DIFFICULTY

- Green Skills Loop
- Green XC
- Blue Skills Loop
- Blue XC 1
- Blue XC 2

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- Patrol/First Aid: 403-247-5454
- Muster Point
- Walk Bike Zone
- Crosswalk
- Shared Pathway

MOUNTAIN BIKE PARK TICKETS AND RENTALS MUST BE PURCHASED AT THE FRANK KING DAY LODGE.

IN THE EVENT OF AN EMERGENCY, PLEASE CALL 403-247-5454. FOR ALL OTHER INQUIRIES, PLEASE VISIT GUEST SERVICES.